



Additional Local Positive Cases of COVID-19

NOVEMBER, 30th, 2020 – Today, the Marathon Family Health Team in conjunction with the Marathon COVID-19 Assessment Centre and the North of Superior Healthcare Group, are announcing the second and third positive novel coronavirus (COVID-19) test result for Marathon.

In all cases, the patients have experienced mild symptoms of COVID-19 and are self-isolating at home. All patients will remain in self-isolation for a minimum of 14 days and will be closely monitored by their primary care providers, with support from the Thunder Bay District Health Unit (TBDHU).

Current case investigation

The TBDHU, in alignment with their protocol, perform extensive contact tracing, which involves tracking down everyone who has been in close physical contact with the individuals who tested positive for COVID-19. All close contacts of the individuals who have tested positive for COVID-19 will be required to self-isolate and will be given specific instructions by the TBDHU.

While there is understandable concern in the community, we encourage the public to take this opportunity to re-focus on efforts that have proven effective in preventing COVID-19 spread:

- Complete thorough and frequent handwashing and sanitizing
- Disinfect frequently touched surfaces often
- Maintain a minimum of 2 meters (6 feet) of physical distancing
- When unable to maintain appropriate physical distancing, or where advised by TBDHU, wear a face covering that fully covers your mouth and nose
- Maintain small social circles
- Stay home if feeling sick and contact your healthcare provider
- Stay informed and follow public health guidelines

If you have any symptoms associated with COVID-19 or are concerned that you need to be tested for COVID-19, first self-isolate, then contact MFHT by using one of the following options:

- Calling 807-229-3243,
- Emailing appointments@mfht.org, or
- Requesting an appointment via our website (<https://mfht.org/>).

Your healthcare team is here to support you and to address your concerns. If your healthcare provider suggests that you should get tested for COVID-19, an appointment will be made for you at the Marathon COVID-19 Assessment Centre. **BE KIND and supportive of each other**

With our first three confirmed positive COVID-19 cases, we recognize that you may be concerned, fearful and anxious about further spread of COVID-19 in our communities.

As things continue to be tough for many, we encourage you to remain respectful towards each other and to offer kindness and support to individuals who are being responsible and self-isolating

Everyone needs to take on these responsibilities and do everything they can to support our communities and prevent the spread of the virus, while maintaining civility, compassion and understanding. We are stronger together!

Additional Support

All new case information can be found on the TBDHU website (www.tbdhu.com) and Facebook page. If you have any questions related to COVID-19, including how to self-isolate, how to determine if you are a close contact, etc., please contact the TBDHU for more information. Public health professionals are here to guide you and to provide you with individualized advice during these uncertain times.

For additional information about COVID-19, please visit the following websites:

North of Superior Healthcare Group: www.nosh.ca

Marathon Family Health Team: <https://mfht.org>

Town of Marathon: www.marathon.ca