

SUPPORTIVE SERVICES

Maintain the lifestyle you want by maintaining your independence

LIFESTYLE AND SERVICE OPTIONS

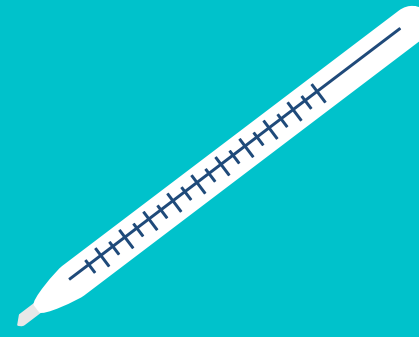
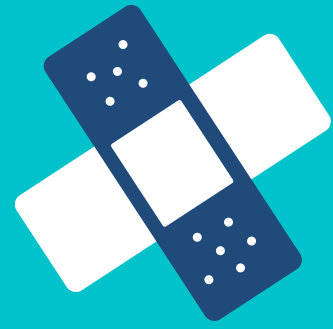
The Peninsula Manor Supportive units have plenty of service options available. Our wide selection of A la Carte services will allow us to create a custom service plan specific to your needs to live independently. In addition to the care services we have a wide variety of social and recreational events to add to your active lifestyle.

SUPPORTIVE SERVICES AVAILABLE

- Medication Reminders
- Weekly pill pick up
- Refreshing your bathroom and suite once a week
- Laundry Service/linen change
- Dinner Meal Service
- Rise & Shine Service; a good morning support to prepare for the day with clothing exchange management and some light personal grooming
- Restore & Retire Service; includes support to prepare for a solid's night rest with personal grooming and clothing exchange management
- Personal Hygiene Support; shower assistance when you need an extra hand
- Grocery Service; use the online ordering system or have us assist you with this, and your groceries will be delivered directly to Peninsula Manor.

Support plans can change as required by the individual.

Once the Individual accepts a Supportive Unit they will be required to complete a Home Care Assessment. This is to ensure that they qualify for supports and are safe to maintain independence with light services offered by Peninsula Manor.



COMMUNITY SUPPORTS AVAILABLE

These supports are available to tenants at Peninsula Manor but are not affiliated with Peninsula Manor Seniors Services Van - for use for health and wellness related appointments. Foot care- available through private foot care providers Hair care- available through private hair stylists Life Alert- if someone is at risk of a fall or has a history of falling, life alert is a great asset to have for circumstances of an emergency.

RECREATION

Multiple recreational activities are offered each day. Everything from spa days, to movie afternoons, to Dance Therapy as well as Bingo. Activities are ran by Tenants, Volunteers and the Recreation Assistant.

Please ask for a copy of our monthly recreation calendar to see what activities are available each month

24/7 SUPPORT Add on service

- The Peninsula Manor has supports available 24 hours a day. If you requires checks through the night or in the late evenings or early morning, this additional service is available for purchase.
- please inquire with Lorelle for further information



For More information or questions regarding the Supportive Services, please contact
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